

Aasia Abdiwahab

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EDUCATION

University of Minnesota, Twin Cities Minneapolis, MN
Bachelor of Science in Nursing Graduation Expected May 2025
Honors/Achievements: Dean's List Fall 2021 - Spring 2023

CERTIFICATIONS & SKILLS

Certifications: CPR/AED for Professional Rescuers with First Aid, American Red Cross May 2023 - May 2025
Languages: English (fluent), Somali (fluent), Arabic (fluent in reading and writing)
Technical Skills: Charting, physical assessments, vitals, patient/family education, medication safety, therapeutic communication
Soft skills: Leadership, communication, teamwork, empathy, flexibility, time management

PRACTICUM EXPERIENCE

Public Health Rotation—**Site To be Determined** March 2024 - April 2024

HealthPartners Regions Hospital Minneapolis, MN
Birth Center/Labor & Delivery Unit January 2024 - March 2024

Allina Abbott Northwestern Minneapolis, MN
Mental Health/Behavioral Unit (51 hours) October 2023 - December 2023

- Perform thorough mental health assessments and document observations to contribute to accurate treatment plans and ongoing patient care
- Prioritize patient safety through effective therapeutic communication and deliver mental health education to patients and families to foster understanding of treatment and promote holistic well-being

Allina Abbott Northwestern Minneapolis, MN
Medical/Surgical Unit- Oncology (61 hours) September 2023 - October 2023

- Conducted detailed charting, recorded vital signs, safely administered medication, and did physical assessments to ensure accurate and up-to-date patient records
- Discussed care plans, collaborated with interdisciplinary teams, and played a key role in educating patients and families about medication and supportive care

EMPLOYMENT

Rahma Home Health Inc. Minneapolis, MN
Personal Care Assistant August 2021 - Present

- Provide quality one-on-one assistance and support to client, aiding client in daily living activities
- Perform services like meal preparation, accompanying to medical appointments, and monitoring the client at all times

North Point Health & Wellness Minneapolis, MN
Sterile Processing Technician June 2021- July 2021

- Gained experience in a clinical setting
- Examined and sterilized medical instruments to keep patients safe from infection

Young Women's Wellness & Leadership Initiative Minneapolis, MN
Student Intern September 2020 - November 2020

- Developed teamwork, leadership, and community advocacy skills through capstone projects
- Received mentorship from professional women of color in health and other fields

LEADERSHIP & VOLUNTEER WORK

Bidayah Bloomington, MN
Student Volunteer October 2020 - Present

- Study religion and plan community events at a local mosque
- Assist in providing a safe and welcoming space for the community

Future of Teamwork - ConnexMSP Minneapolis, MN
Group Member June 2020 - August 2020

- Participated in a group capstone project and presented it to business partners
- Developed interpersonal communication skills

PROFESSIONAL ASSOCIATIONS

Member, National Student Nurses Association September 2022 - May 2025